

**CMSA League - COVID-19 - Safety Guidelines**  
**(REVISED as of 9/11/20)**

We are hopeful that with cooperation from all and compliance to the guidelines everyone will continue to remain safe and healthy. Please review below our guidelines

- #1 - Coaches/Team Managers will not be required to take temperatures of their players on the field. The coach/team manager of each team will receive a Team Temperature Log. This log needs to be signed by each parent or guardian that brings the player to the game. The parent or guardian is signing off that they performed the temperature check prior to attending the game that day. The coach/team manager should keep the logs (8 in total) until the fall season is over or unless your program wants them. Please check with your soccer program coordinator.
- #2 - Each coach, player and spectator must always have a mask with them.
  - a. Masks must be worn by all coaches, players, spectators, and volunteers when walking from their car to the field.
  - b. Based on Governor Hogan's proclamation, any person that is not able to practice social distancing **MUST** always WEAR A MASK. If this procedure is not followed, the person will be asked to put on a mask or exit the facility.
  - c. Coaches must wear a mask during the game. Masks are not required for players and referees while on the field of play, but are recommended.
- #3 - Each player and parent/guardian should bring their own hand sanitizer with them.
- #4 - Teams will sit on opposite sides of the field.
- #5 - Players on the sidelines should be spaced out. No team benches. Players should place their bags and water at a reasonable distance apart and return to their bag during breaks. Each player should remain at their bag until they return to the field or leave. If social distancing can not be practiced, the players must wear a mask.
- #6 - Goalkeepers must wear gloves
- #7 - **NO THROW INS**; instead Kick Ins will be used. These Kick Ins will be **INDIRECT** and should be kept within the **FLOW OF THE GAME**. If the referee feels that too much time is taking place to get the best kicker available to take the kick, the referee should speak to the coach about keeping within the spirit of the game and that the Kick In is simply to restart the game. Further time wasting will result in a caution shown to the coach, and up to a send off from the game. **NO HANDS** are to be used to place the ball; **FEET** only.
- #8 - We are limiting spectators to parents and/or guardians and siblings for each player on the team. Spectators will sit on their team's side of the field. Plus, all spectators are required to maintain their social distancing of 6 feet.
- #9 - At the end of each game – **NO** high fives or handshakes with your opponent and with the referee(s).
- #10 - After each game, avoid any type of gathering - all teams must return to their vehicles and remain socially distant.